I claim:

- 1. An elongate metallic structural member having an elongate, planar web surface having longitudinal edges; a first leg member and a second leg member depending to one side of said web member from said longitudinal edges, said first leg member and said second leg member being mirror images, said first leg member and said second leg member terminating with outwardly extending hollow flanges.
- 2. The elongate metallic structural member in accordance with Claim 1 wherein said outwardly extending hollow flanges are defined by said leg member, a first flange side member in a plane parallel with said web member, a second flange side member in a plane parallel with said leg member, and a third flange side member parallel to said first flange side member and said web member, said third flange side member terminating with a margin member juxtaposed to said leg member.
- 3. The elongate metallic structural member in accordance with Claim 2 wherein a second web member having an elongate planar web having longitudinal edges and having flange members depending to one side from said longitudinal edges is positioned in substantially parallel relationship to said web surface.
 - 4. The elongate metallic structural member in accordance with

Claim 3 wherein said second web member is secured between said leg members.

- 5. The elongate metallic structural member in accordance with Claim 3 wherein said second web member is positioned above said web surface, said flanges of said second web member being secured to said leg members of said elongate metallic structural member.
- 6. The elongate metallic structural member in accordance with Claim 1 wherein said leg members depend perpendicularly from one side of said web surface for a distance and transition angularly towards opposing leg member for a distance and transition perpendicularly to said web member terminating in said outwardly hollow extending flanges.
- 7. The elongate metallic structural member in accordance with Claim 6 wherein said second web member is disposed between said leg members where said leg members transition angularly from the perpendicular.
- 8. The elongate metallic structural member in accordance with Claim 1 wherein said leg members depend perpendicularly from one side of said web surface terminating in said outwardly hollow extending flanges.
- 9. The elongate metallic structural member in accordance with Claim 5 wherein said second flange side member of said hollow

flanges is in the plane of said flanges of said second web member.

- 10. The elongate metallic structural member in accordance with Claim 6 wherein said second flange side member of said hollow flanges is in the plane of said leg member as it depend perpendicularly from one side of said web surface.
- 11. The elongate metallic structural member in accordance with Claim 2 wherein said margin member is secured to said leg member.